

# CLEANING AND DISINFECTION FOR PERSONAL SERVICE SETTINGS



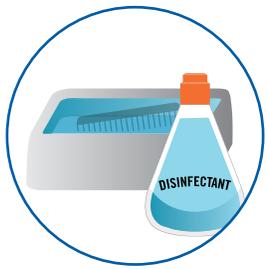
CLEAN



RINSE



DRY



DISINFECT



DRY

## STEP 1: CLEANING PROCESS

Cleaning physically removes dirt and organic matter left on equipment. Proper cleaning allows the disinfectant to work effectively. All equipment **MUST** be thoroughly cleaned before they can be properly disinfected. Pre-soak equipment in a basin of water (with detergent) immediately after use.

1. Wash hands and put on utility gloves
2. Take equipment apart, if applicable
3. Wash equipment in dedicated reprocessing sink. Use detergent, water and clean brush to scrub equipment, remember to clean crevices, seams and hinges. Scrub below the water's surface to prevent splashing into eyes. Cover ultrasonic cleaner when using to prevent aerosolization of microorganisms
4. Drain dirty water and rinse the sink
5. Thoroughly rinse equipment with clean, warm running water
6. Air dry equipment or wipe with clean lint-free cloth or soft absorbent towel before disinfection
7. After each use, clean and disinfect tools/brushes used for cleaning, as well as ultrasonic cleaner, utility gloves and sink

## STEP 2: DISINFECTION PROCESS

Disinfection is the process that destroys most disease-causing microorganisms that remain on the equipment. Disinfectants must have a drug identification number (DIN) or natural product number (NPN) which is assigned by Health Canada (exception, chlorine bleach).

1. Prepare disinfectant solution by using an accurate measuring tool (e.g., measuring cup)
2. Check concentration of disinfectant solution, with appropriate test strip where possible
3. Fully immerse equipment into disinfectant solution for appropriate contact time to ensure microorganisms are destroyed. Refer to manufacturer's instructions for use. Do not leave equipment in disinfectant solution for longer than required contact time
4. Rinse equipment with clean water as required by manufacturer's instructions for use
5. Air dry equipment or wipe with a clean lint-free cloth, or soft absorbent towel before use or storage

Refer to [Instrument Disinfection Chart for Personal Service Settings](#) for additional information

For more information on infection prevention and control or to speak with a Public Health Inspector call **York Region Health Connection 1-800-361-5653**, **TTY 1-866-512-6228**, email [Health.Inspectors@york.ca](mailto:Health.Inspectors@york.ca) or visit [york.ca/BeSpaSafe](http://york.ca/BeSpaSafe)

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